



a cooperative program of the U.S. Department of Labor OSHA and Keene State College

**Mashantucket Pequot Tribal Nation Public Safety & Service BLDG**

101 Pequot Trail • Mashantucket, CT



Mashantucket Pequot Tribal Nation



**Kimlee Lindgren**  
OTIEC Region 1 Trainer

**Mike Ziskin**  
OTIEC Region 1 Trainer



## OSHA 3010 Excavation, Trenching, and Soil Mechanics\*

**Trenching accidents are one of the most common construction accidents nationwide each year.** Learn to prevent accidents, injuries, mishaps, and possibly save lives while becoming a better educated professional by learning the applicable OSHA standards and safety aspects of excavation and trenching. Students are introduced to practical soil mechanics and its relationship to the stability of shored and unshored slopes and walls of excavations. Various types of shoring (wood timbers, hydraulic, etc.) are covered. This 3.5 day course focuses on excavation and trenching principles and applications, such as sloping, benching, and shoring. Testing methods are demonstrated and a field exercise is typically conducted, allowing students to observe demonstrations and use field instruments related to the trade, including penetrometers, torvane shears and engineering rods.

Section	Start	End	Days	Times	Location
NCOS-3010-N1C	3/6/12	3/9/12	TWRF	8:30AM 4:30PM	Mashantucket, CT

\* *Preregistration is required*  
Click Here for a Registration Form

